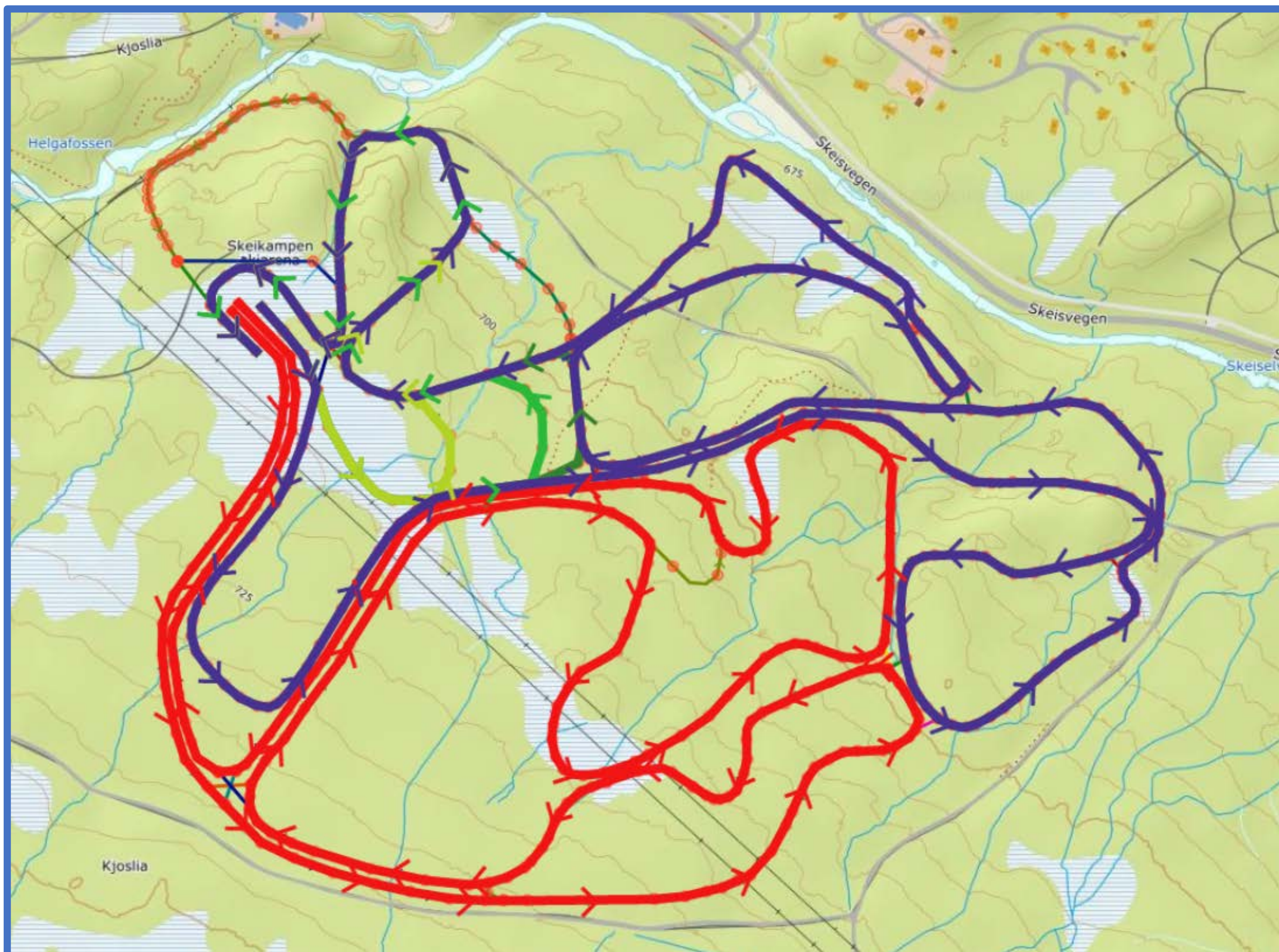


Løypesystem Langrenn Totalt



Grønne løyper : 0,75 km → 1,6 km Barn og Sprint

Røde løyper : 2,5 km – 3,3 km – 3,75 km – 5,0 km (FIS)

Blå Løyper : 2,5 km – 3,3 km – 3,75 km – 5,0 km (FIS)

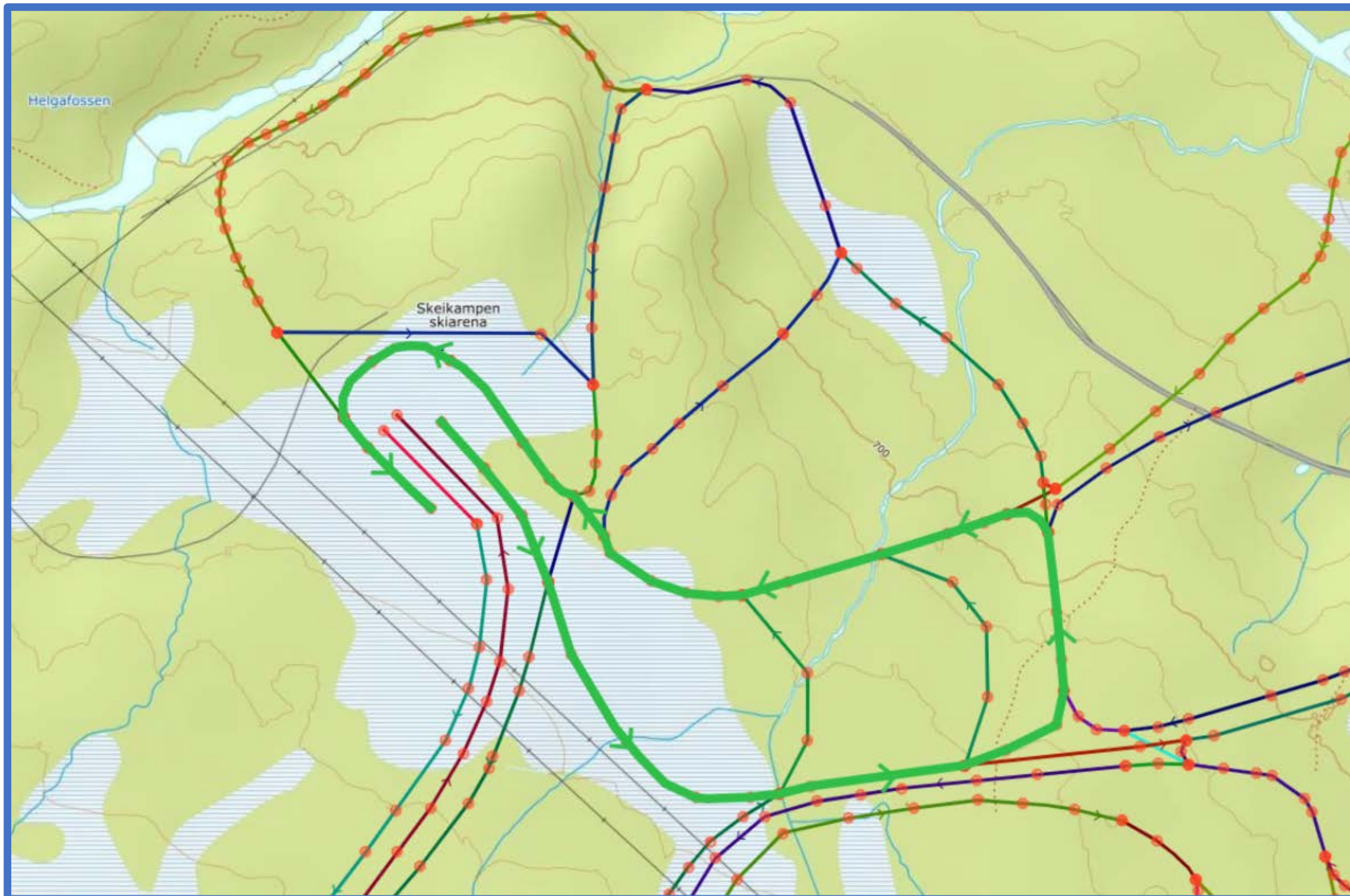
Pluss flere kombinasjoner Rød – Blå inkl. 7,5 km (FIS)

Pluss Barn- Ungdomsløyper 1 – 2 – 3 – 4 og 5 km

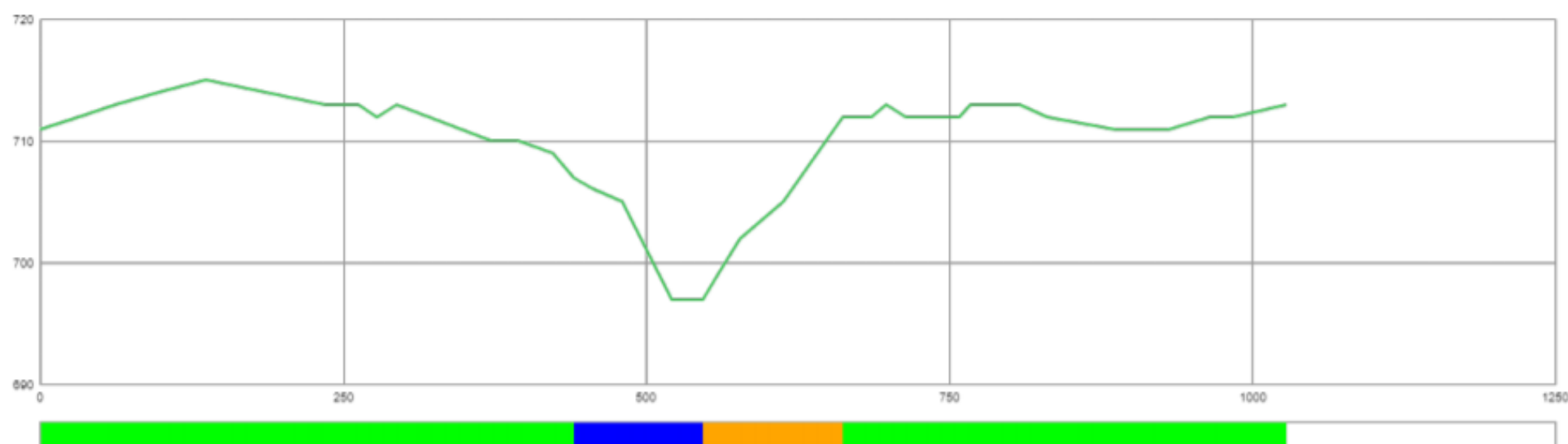
Ved Skiathlon og Stafetter er Rød Klassisk og Blå Fri



Løype: Barn 1 km Grønn

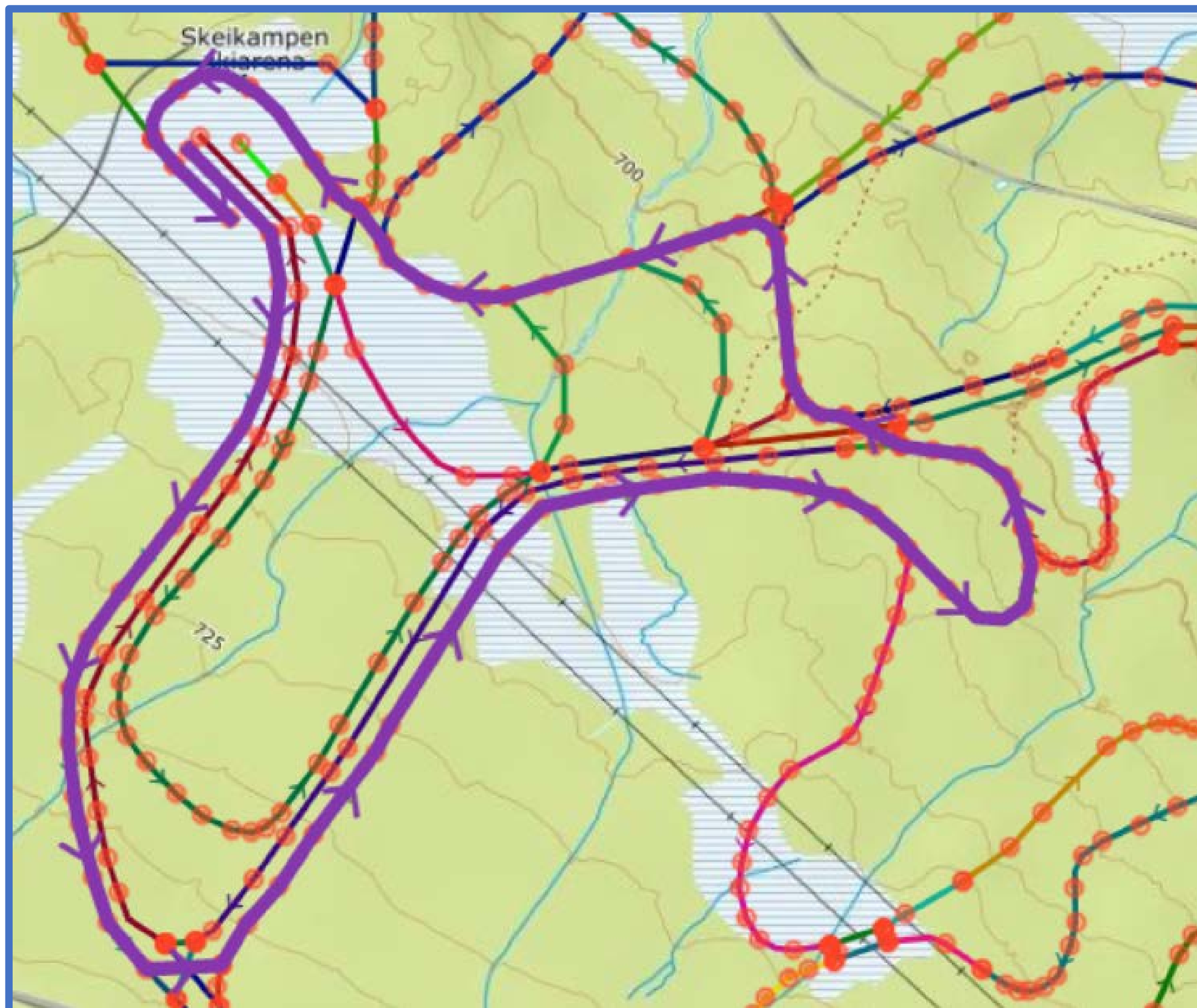


Course length:	1,028m	Height difference (HD):	18m	Lowest point:	697m
Course category:	D	Maximum climb (MC):	15m	Highest point:	715m
		Total climb (TC):	24m		

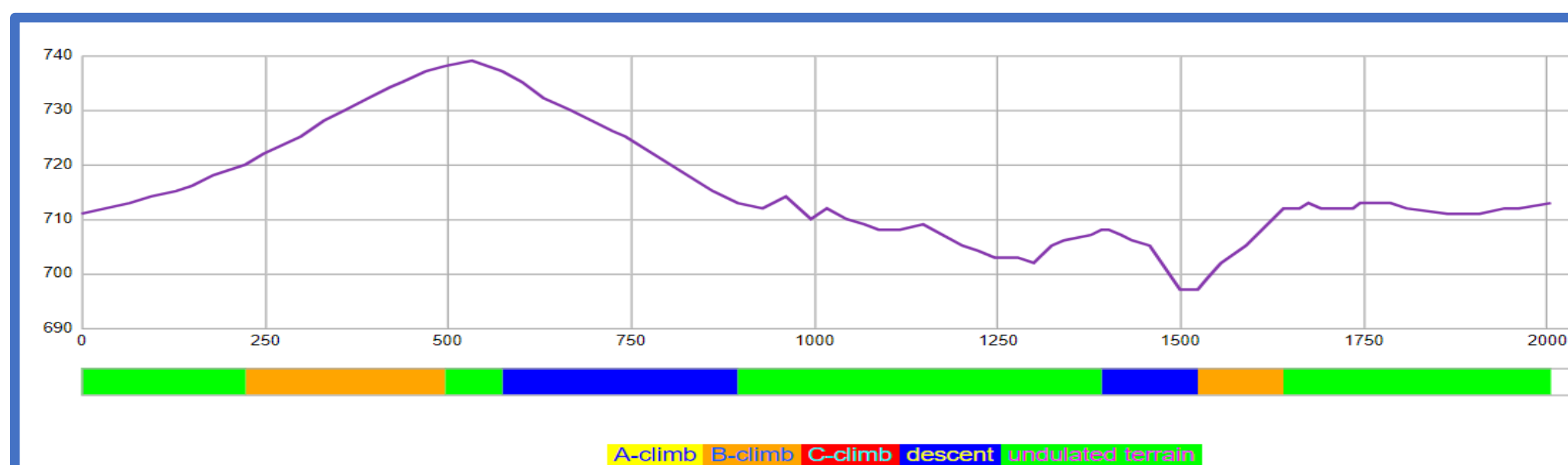


A-climb B-climb C-climb descent undulated terrain

Løype: Barn 2 km Rød - Blå

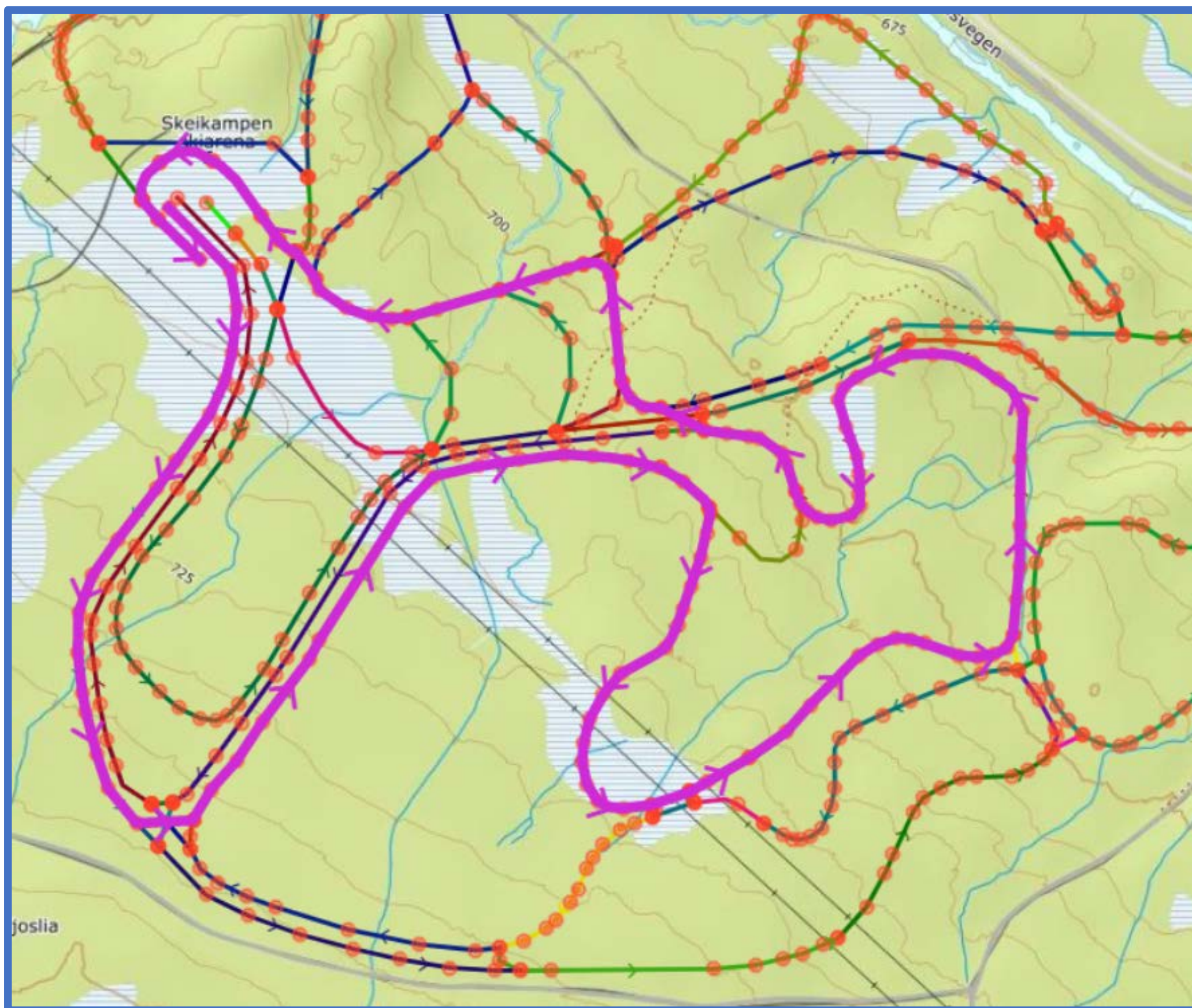


Course length:	2,006m	Height difference (HD):	42m	Lowest point:	697m
Course category:	D	Maximum climb (MC):	18m	Highest point:	739m
		Total climb (TC):	58m		

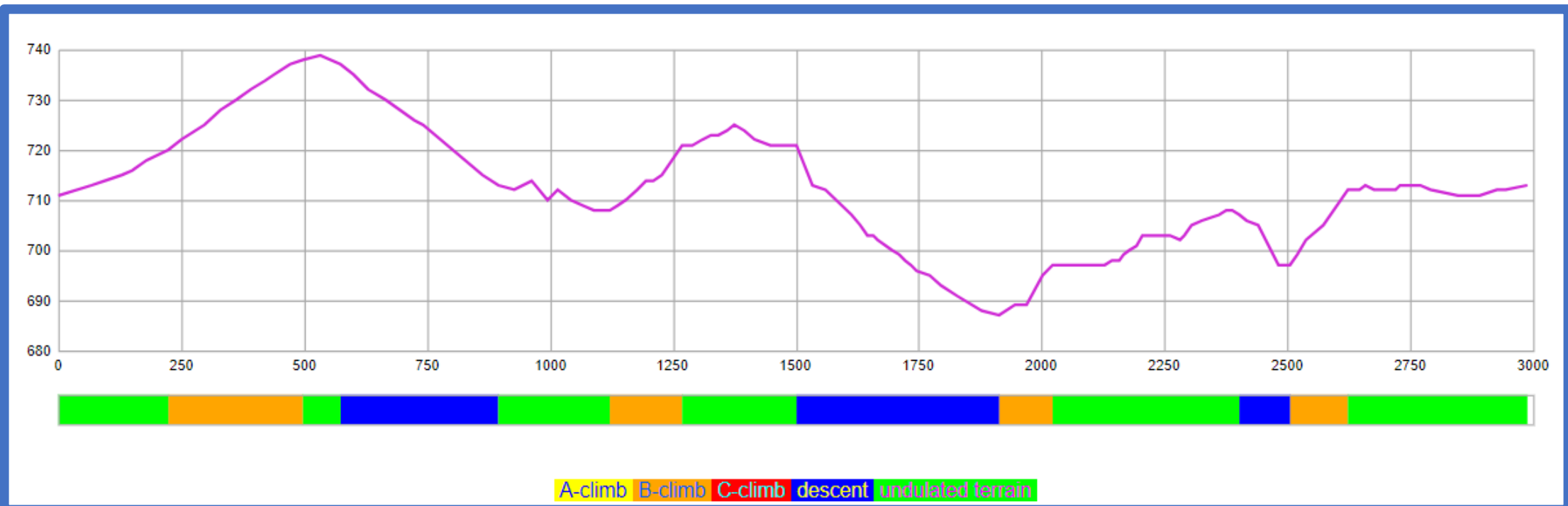




Løype: Ungdom 3 km Rød - Blå

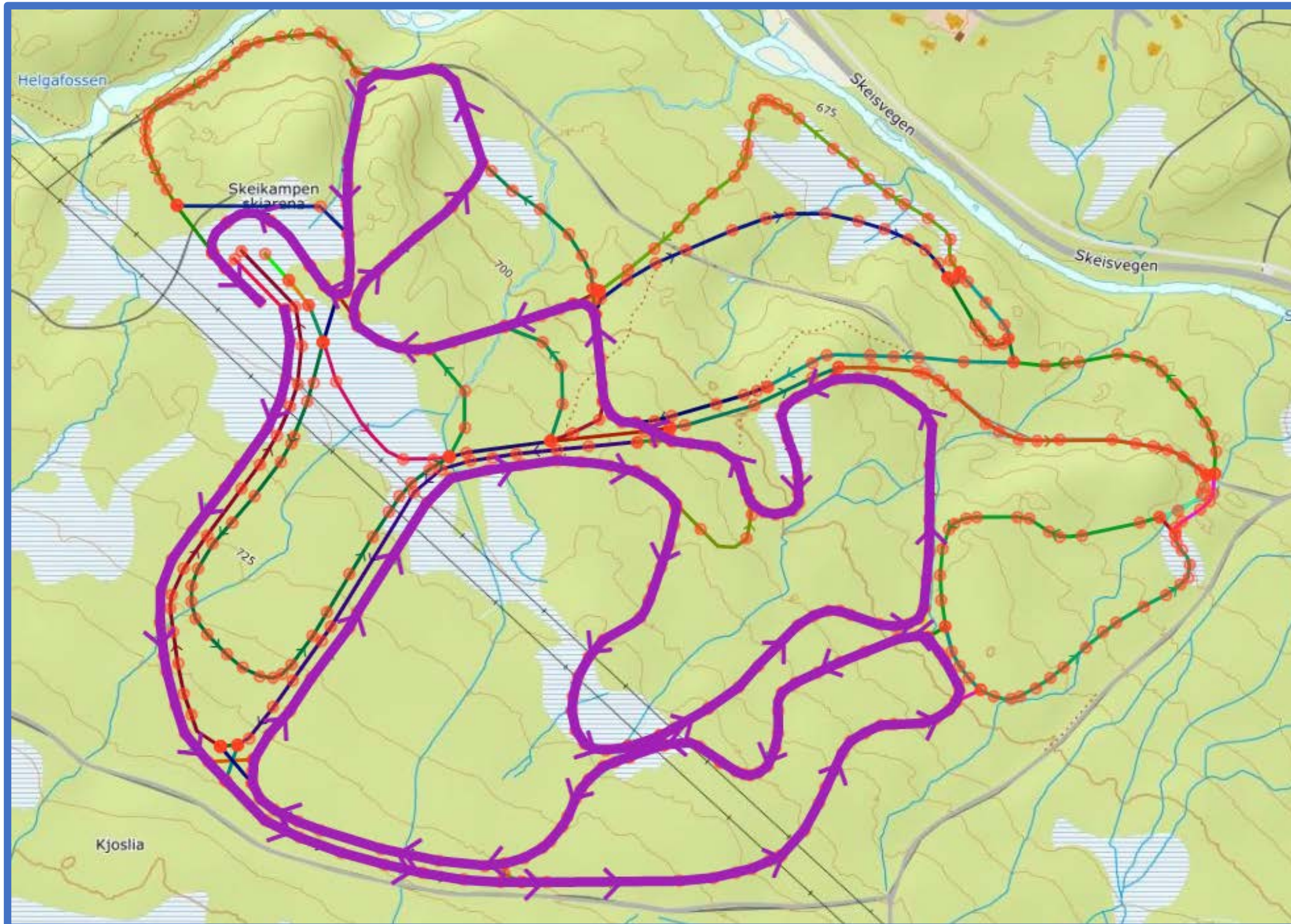


Course length:	2,990m	Height difference (HD):	52m	Lowest point:	687m
Course category:	D	Maximum climb (MC):	18m	Highest point:	739m
		Total climb (TC):	90m		





Løype: Ungdom 5 km Rød-Blå *(not FIS valid)*



Course length:	5,091m	Height difference (HD):	54m	Lowest point:	687m
Course category:	D	Maximum climb (MC):	39m	Highest point:	741m
		Total climb (TC):	156m		

